

BACHELOR OF MEDICINE AND BACHELOR OF SURGERY (MBBS)

EARN A BRITISH
MEDICAL DEGREE

INTERNATIONAL
CLINICAL TRAINING



UNIVERSITY
of NICOSIA | MEDICAL
SCHOOL

MEDICAL EDUCATION WITH A DISTINGUISHED HERITAGE

- Earn a medical degree from St George's, University of London, the second oldest medical school in England
- The course is delivered in Cyprus by the University of Nicosia, the largest English-language university in Southern Europe
- Graduates earn a globally recognised degree that is considered a British primary medical qualification by the UK's General Medical Council

INNOVATIVE CURRICULUM

The course is structured around problem-based learning, an active learning method that presents weekly scenarios or case histories that you explore in groups of eight students with faculty guidance.

Students gain clinical experience from the first month, with clinical attachments in Cyprus during Year 1 and 2.

INTERNATIONAL CLINICAL TRAINING

The last two years are spent in teaching hospitals: Limassol General Hospital in Cyprus, Swedish Covenant Hospital in Chicago, the affiliated hospitals of Ponce Health Science University in Puerto Rico and the Sheba Medical Centre in Israel. Shorter rotations are available in New York, Massachusetts and Florida.

SUCCESSFUL STUDENT OUTCOMES

Our graduates have secured training positions in some of the best hospitals in the world, including Harvard-Massachusetts General Hospital, Thomas Jefferson University Hospitals in Philadelphia, Mount Sinai Hospital in New York City, John Radcliffe Hospital in Oxford, University College London Hospital, the Sheba Medical Center in Tel Aviv and the American University of Beirut Medical Center.

UNIVERSITY OF NICOSIA

The University of Nicosia is the largest university in Southern Europe that teaches primarily in English, with 11,000 students from over 70 countries coming together in an innovative and transformative learning space. Located in Nicosia, the country's capital, and with a presence in 18 other cities worldwide, we are driven by our pursuit of excellence in teaching and learning, innovation, research, technology, and a continually evolving academic environment.

The University of Nicosia has been awarded 4-Star institutional rating by QS Stars University Ratings, placing it among the top universities in the world. Moreover, it is the first European university to be awarded a 5-Star rating for Online / Distance Learning and is the 13th university in the world to receive such a distinction. In addition, the University of Nicosia received the highest distinction of 5-Stars in Teaching, Facilities, Inclusiveness, Social Responsibility and Internationalisation.

Many of our degree programmes and departments were the first of their kind in Cyprus. Over time, several programmes such as Medicine, International Relations, Accounting, Law, and Architecture, have developed into some of the most well-regarded in Cyprus and in the region. Today, new programmes focus on cutting-edge research, making us global leaders in certain fields, such as our very successful initiative in Digital Currency/Blockchain Technology.

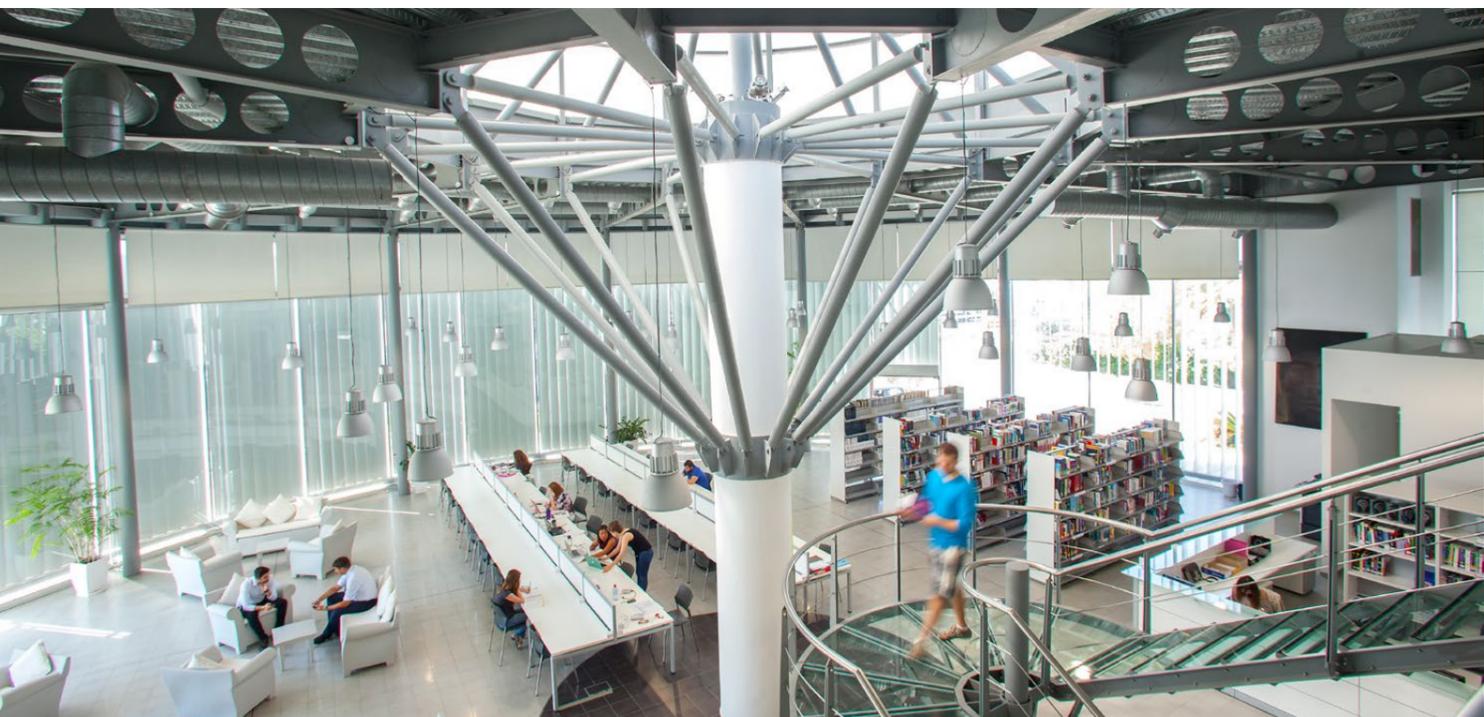
ST GEORGE'S, UNIVERSITY OF LONDON

The MBBS programme is offered at the University of Nicosia under the degree-awarding powers of St George's, University of London, and shares the same recognition in the United Kingdom and, with a few exceptions, the rest of the world.

St George's, University of London is ranked among the top 250 universities in the world and number one for the quality of citations for research influence by the Times Higher Education World University Rankings 2018. Established in 1733, St George's has achieved groundbreaking advances in medicine, science and health.

Alumni and former faculty include Edward Jenner (used scientific observation to develop vaccination), Henry Gray (compiled Gray's Anatomy), John Hunter (known as the 'father of modern surgery'), Aubrey Leatham (successfully implanted the first 'indwelling' pacemaker in the UK) and Patrick Steptoe (pioneered fertility treatment).

Today St George's continues to improve health through inspiring education and focused research, tackling some of the world's most important healthcare challenges, including infection and immunity, molecular and clinical sciences and population health.



Library



University of Nicosia Main Campus

CLINICAL PLACEMENTS

With a fully integrated clinical training programme spanning three continents, the Medical School offers a truly international educational experience. The first two years of study take place in Cyprus, with students gaining initial clinical experience at the country's leading hospitals.

The last two years are spent in teaching hospitals: Limassol General Hospital in Cyprus, Swedish Covenant Hospital in Chicago the affiliated hospitals of Ponce Health Science University in Puerto Rico, and the Sheba Medical Center in Israel. In addition, students training in Cyprus who are interested in experiencing the US healthcare setting are able to spend from 10 to 17 weeks in the United States (New York, Massachusetts, Florida).

Students undertaking clinical training at Swedish Covenant Hospital or Ponce Health Sciences University must pass USMLE Step 1 before the start of their third year. To prepare you for taking this exam, the Medical School offers comprehensive academic support including personal advice and full practice tests.

LANGUAGE REQUIREMENTS

The Medical School curriculum is taught in English, and all students will spend their first two years in Cyprus, where English is widely spoken and understood. Some knowledge of the Greek language will enhance your learning experience in the first two years and generally make your experience of living in Cyprus more fulfilling. For this reason, the Medical School provides optional free Greek classes from the beginning of the MBBS programme.

If you remain in Cyprus for clinical training, you will need to attain a working level of Greek through these free classes, as this will substantially enhance your educational experience. For any form of postgraduate clinical training in Cyprus (based on regulatory approval at the time), an upper intermediate level in Greek is a prerequisite.

Ponce Health Sciences University offers an excellent opportunity for students to pursue a medical career in the United States even if they do not meet the citizenship requirements for training at Swedish Covenant Hospital. While instruction is in English, a working level of Spanish is necessary to interact with patients. If you intend to train in Puerto Rico during your final two years, the Medical School will provide free Spanish classes from the start of the course.

Your admissions adviser can provide more details on these language requirements.

ADMISSIONS REQUIREMENTS

- A Bachelor's degree with at least a 2nd class honours or equivalent (3.0 GPA in the USA, 2.7 in Canada) or a higher degree (e.g., MSc, MPhil or PhD) in any discipline
- A total score of 498 in the Medical College Admission Test (MCAT) or a 55 overall (with a minimum of 50 in each section) in the Graduate Australian Medical School Admission Test (GAMSAT)
- A Multi Mini Interview by video

TUITION, FEES AND LIVING COSTS

Annual tuition and fees are €27,500. Living costs depend on your lifestyle. On average, staying in Nicosia for the whole year will cost a minimum of €10,000.

You may be eligible for grants, loans or other financial assistance from your home government – talk to our admissions advisers.

FINANCIAL ASSISTANCE AVAILABLE

Scholarships of up to 30% are available to help eligible students fund their studies. These are based on either academic excellence or financial need.



Problem-Based Learning

FACILITIES

The Medical School is housed in modern new facilities featuring the latest technology, including state-of-the-art anatomy centre and clinical skills laboratories.

Students benefit from a Gross Anatomy Laboratory, a Clinical Skills Laboratory, readily available resources for Histology and Histopathology, a Human Performance Lab, a number of Microbiology/Molecular Biology Labs, Human Nutrition Labs and Physiotherapy Labs.

ANATOMY CENTRE

Human cadavers are used to teach anatomy because we believe this adds value to our students' medical education. We also have a very large collection of realistic anatomy models, bones, clinically-orientated anatomy guides, a video projector screen and sound system for educational and training videos, and other useful teaching aids such as anatomy atlases and dissecting guides.

Anatomy teaching comprises small-group learning that is facilitated by anatomy demonstrators who help the students connect clinically relevant topics with anatomical structures. This method encourages a deep approach to learning anatomy that the students will carry with them throughout their careers. In addition, the adjacent histology laboratory has been equipped with the necessary resources that support a small-group learning model.

The University of Nicosia Medical School is an established testing centre for the Royal College of Surgeons of England.

CLINICAL SKILLS LABORATORY

The clinical skills laboratory is another place where students learn in small groups. During clinical skills sessions, students work with realistic models and manikins, as well as both simulated and real patients. They develop bedside communication techniques that will enhance the students' abilities and clinical knowledge as they evolve into the doctors of tomorrow. The teaching is structured in a way that allows medical students to build their clinical knowledge and skills as they progress to examining real patients during their clinical placements.

IT

Computer facilities and services are available in all buildings of the Medical School. Our computer lab and library are equipped with modern computers and the latest software. Internet access, wi-fi, colour printing, copying and scanning are available around the campus.

LIBRARY

The University of Nicosia Medical School Library, which comprises titles in the basic sciences and clinical medicine, is part of the University of Nicosia's Library Information Gateway. This gateway provides access to an integrated library system whose resources can be accessed by users both on and off campus.

The library provides electronic access to an extensive collection of medical databases, e-books and journals.

In addition, students on the St George's programme in Nicosia have access to an impressive number of multimedia resources in London that include over 10,000 journals and a wide variety of medical and healthcare databases.



Clinical Skills Training

Professor Sir Sabaratnam Arulkumaran

Founding Chair of the Department of Obstetrics and Gynaecology
Past President of the International Federation of Gynaecology and Obstetrics (FIGO)
Professor of Obstetrics and Gynaecology

Sir Sabaratnam Arulkumaran is Professor Emeritus of Obstetrics and Gynaecology at St George's, University of London, and a Visiting Professor at the Institute of Global Health at Imperial College. He has served as President of the British Medical Association (2013-2014) and the Royal College of Obstetricians and Gynaecologists in the UK (2007-2010). Professor Arulkumaran was awarded the Knight Bachelor by Her Majesty, the Queen of the United Kingdom, in recognition of his Services to Medicine and Health, in June 2009.



"I am happy to contribute to teaching and training at the University of Nicosia Medical School with my four decades of clinical and three decades of academic experience. The School offers a first-class curriculum. It has devoted clinical and basic science teachers, good teaching facilities and a first-rate library. The learning environment is conducive for independent and joint learning, and the Medical School team works constantly to improve on student guidance and education."

Academic Path

Year 1 - Clinical Science - Student Selected Component (SSC)

Term	Weeks	Modules
1	1	Induction
	3	Introductory Module
	11	Life Support Life Maintenance
2	10	Life Protection Life Cycle
3	11	Life Control Life Structure

Year 2 - Transition Year

Weeks	Mode of delivery	Block/ Attachment (done on rotation)
3	PBL	Foundation of Clinical Practice
5	PBL	Mechanism of Disease
5	Clinical Attachment	Medicine, Surgery or General Practice
5	PBL	Body Systems
5	Clinical Attachment	Medicine, Surgery or General Practice
5	PBL	Specialties
5	Clinical Attachment	Medicine, Surgery or General Practice
6	SSC	

Year 3 - Penultimate Year

Weeks	Attachments (done on rotation)
1	Clinical Introduction to Medicine and Medical Specialties
4	Medicine and Medical Specialties
1	Acute Medicine
3	Geriatric Medicine
2	Cardiology
1	Clinical Introduction to Surgery and Surgical Specialties
9	General Surgery and Surgical Specialties
1	Palliative Care
1	Clinical Introduction to Obstetrics and Gynaecology and Paediatric Medicine
5	Obstetrics and Gynaecology
5	Paediatric Medicine
1	Clinical Introduction to Neurology and Psychiatry
5	Neurology
5	Psychiatry

Year 4 - Final Year

Weeks	Attachments (done on rotation)
1	Advanced Clinical Practice
5	Assistantship Medicine
5	Assistantship Surgery
5	General Practice
4	Emergency Medicine
4	Critical Care and Anaesthetics
5	SSC
2	Public Health
4	Clinical Final Examinations plus 1 day for F1 preparation course
7	Elective

LIFE IN CYPRUS

Cyprus, a member of the European Union, is situated in the north-eastern corner of the Mediterranean, at the meeting point of Europe, Asia and Africa. Since the dawn of history, Cyprus has been one of the most interesting areas of the region, with a rich and visible cultural history. Ancient Greeks, Egyptians and Romans, along with Crusaders, Byzantines, Franks and Ottomans have all left a powerful legacy for the modern visitor to see and admire.

Cyprus is ranked the safest country in the world for people aged 15 to 29 by the World Health Organization, and its people are famous for the warm and friendly welcome they extend to visitors. The combination of a multicultural population, modern infrastructure, reasonable cost of living, rich history and a beautiful natural environment makes it an ideal place to study.

The island is endowed with golden beaches, virgin green forests and other natural wonders. The environment is one of the healthiest in the world, free from pollution and the other ill-effects of industrialised countries.

Nicosia, the capital of Cyprus and the country's largest city, has something for everyone: historical sites, vibrant nightlife, convenient shopping, and a range of local and international cuisine. Nicosia easily connects with the rest of the country through public transportation, with beaches and mountains only a short drive away.

Safest Country
in the World
for Young People
World Health Organization



#1
NICOSIA #1 Small City
in Europe for Lifestyle &
Education Outranking Oxford,
Cambridge and Geneva (Financial Times, 2016)



Sunniest
Country in Europe
330 days of sun each year



CYPRUS makes list
of 52 places to go
New York Times, 2017



Aphrodite's Birthplace, Paphos



Nicosia



Student Housing

ACCOMMODATION

Students can choose from a variety of very affordable housing options, most of which are a short walk to our campus. These include privately owned properties and halls of residence. If you wish to share a property, we can put you in touch with other students who are looking for roommates.

The Student Affairs team can provide you with details on all of the above options and assist you in finding suitable accommodation for your needs and budget. More information will be sent to all students prior to arrival.

VISA INFORMATION

EU STUDENTS

EU citizens may travel freely to Cyprus but are required to submit an Application for Issue of Residence Permit within 3 months of their date of entry into the country. Our Student Affairs team will assist you with this procedure.

NON-EU STUDENTS

Non-EU students require a visa to study in Cyprus. Our Student Affairs team will facilitate this process.

STUDENT CLUBS

All medical students are automatically members of the Medical School Students' Society. Student Clubs are formed for the enjoyment, benefit and enrichment of students and to encourage personal development through extracurricular activities. The activities of current clubs include community service, sports, wellness and cultural interests. A number of events are organised each year by the society, including charitable fundraising, raising health awareness campaigns for students, a mentoring programme for new students, and a year-end ball.

WHAT OUR STUDENTS SAY

VIOLETA YAMMINE, CLASS OF 2020, LEBANON



The Problem-Based Learning environment allows students to have an open discussion about the week's case. This gives us the opportunity to apply our knowledge directly to a hypothetical clinical scenario. These cases are presented to us in an order that allows us to gradually build on our knowledge, linking medical concepts as we go along the academic year. Also, the cases are accompanied by ethical concepts and dilemmas, as well as social and psychological aspects of medicine, which can be overlooked even by practising doctors but which are given the appropriate emphasis in our programme. Through the real clinical placements we get from week 2 we can directly apply all the clinical and social concepts we learnt throughout the week and appreciate the importance of placing the patient at the centre of medical care.

Furthermore, the transition to Cyprus was made much easier by the Medical School's Student Service Centre, which is comforting especially for students coming from faraway places. Life here in Cyprus is organised and calm. The student body is composed of people from all over the world, so you will not only learn Medicine but also learn about different cultures and how the practice of medicine can differ worldwide.

WILLIAM VERBIST, CLASS OF 2020, BELGIUM



I came to the St George's programme in Cyprus because I heard that it offers many opportunities to get clinical practice early during the degree.

This year I have had the chance to learn directly from practising physicians and to see numerous patients, who have helped me solidify the learning we do in the classroom. Each week we meet to discuss hypothetical patients, and then are given time to study their medical conditions.

The independent study we do is supported with great lectures given by the highly experienced teaching faculty. Afterwards, we continue by practising our skills and learning how to incorporate the week's learning into being a good, well-rounded physician.

KARINE DE SOUZA, CLASS OF 2019, USA



Leaving the United States to attend a medical school halfway across the world in Cyprus was one of the scariest and most exciting decisions in my life, and probably one of the best.

Learning about international health and healthcare systems outside of the US has always been of interest to me, and this program has afforded me the opportunity to explore this interest through first-hand clinical experience.

During my first week, I began my near weekly interaction with patients through clinical and community visits. My professors are all clinicians who have trained and worked all over the world. And this program is international in all senses of the word as most of my classmates are from the UK, Canada, Australia, Israel, Lebanon, Italy, United States, and more. We all learn from each other about our home countries and native health systems. With these new friends I'm able to take quick, inexpensive trips anywhere in Europe after exams and on the weekend. Plus, Cyprus is a gorgeous country and you truly get into the relaxed Mediterranean lifestyle living here.

For me knowing I can go back and get clinical experience in the States was a very appealing offer, especially when it came to matching for a residency.

AFRESHDEEP SANDHU, CLASS OF 2019, NEW ZEALAND



The chance to study medicine is a truly unique opportunity. The prestigious St George's, University of London programme coupled with the picturesque country of Cyprus offered an opportunity I couldn't say no to. From the beginning I loved the programme as we are not only taught medicine, but also how to become good doctors. We learnt in a clinical setting from week 1, where we were able to perform examinations, take clinical histories and apply a variety of skills on real or simulated patients. This experience was beyond my expectations.

We are taught by professors and lecturers who are highly trained medical professionals with a vast range of experience and who are genuinely passionate about what they teach.

I was really nervous about the big move, especially since I have never lived away from home. However, the support available from the Student Service Centre team made everything very easy and smooth. While studying here, we are able to explore what this beautiful country has to offer, which makes the experience all the sweeter!



Clinical Skills Laboratory



Anatomy Centre

🌐 Find out more about our MBBS degree
and take a virtual tour of our campus at
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